

**Daughters Of Zion**  
**August, 2009**  
**Theme – Guard Your Heart**

Focus Group	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Heart Conditions</b>		<b>Wicked Heart</b> <sup>3</sup> Bind: wickedness Loose: righteousness Jeremiah 17:9	<b>Double Heart</b> <sup>4</sup> Bind: flattery Loose: genuineness Psalm 12:2	<b>Sorrowful Heart</b> <sup>5</sup> Bind: misery Loose: hope Psalm 13:2	<b>Foolish Heart</b> <sup>6</sup> Bind: foolishness Loose: sensibility Psalm 14:1	<b>Troubled Heart</b> <sup>7</sup> Bind: perplexity Loose: peace of mind II Corinthians 4:8-10	<b>Unbelieving Heart</b> <sup>8</sup> Bind: skepticism Loose: assurance Psalm 53:1
<b>Healthy Hearts</b>	<b>A Rejoicing Heart</b> <sup>9</sup> Bind: sadness Loose: joy Psalm 32:11	<b>A Truthful Heart</b> <sup>10</sup> Bind: false doctrine Loose: truth John 14:6	<b>A Meditating Heart</b> <sup>11</sup> Bind: shallowness Loose: meditation Psalm 19:14	<b>A Pure Heart</b> <sup>12</sup> Bind: vanity Loose: humility Psalm 24:4	<b>An Enduring Heart</b> <sup>13</sup> Bind: weakness Loose: endurance Psalm 27:1-3	<b>A Trusting Heart</b> <sup>14</sup> Bind: suspicion Loose: trust Psalm 28:7	<b>A Courageous Heart</b> <sup>15</sup> Bind: discouragement Loose: courage Psalm 31:24
<b>Safeguards for the Heart</b>	<b>Forgiveness</b> <sup>16</sup> Bind: bitterness Loose: kindness Ephesians 4:32	<b>Emotional Healing</b> <sup>17</sup> Bind: anxiety Loose: healing Psalm 147:3	<b>Mercy</b> <sup>18</sup> Bind: haughtiness Loose: mercy Micah 6:8	<b>Diligence</b> <sup>19</sup> Bind: conscientiousness Loose: carelessness Proverbs 4:23	<b>Optimism</b> <sup>20</sup> Bind: broken spirit Loose: a merry heart Proverbs 17:22	<b>A Cheerful Giver</b> <sup>21</sup> Bind: self-centeredness Loose: generosity II Corinthians 9:7	<b>Obedience</b> <sup>22</sup> Bind: disobedience Loose: obedience Romans 5:19
<b>What Does Your Heart Portray?</b>	<b>Integrity</b> <sup>23</sup> Bind: dishonesty Loose: honesty Proverbs 12:22	<b>Understanding</b> <sup>24</sup> Bind: confusion Loose: insight II Timothy 2:7	<b>Charity</b> <sup>25</sup> Bind: selfishness Loose: concern I Corinthians 13:1-4	<b>Peace</b> <sup>26</sup> Bind: strife Loose: contentment Hebrews 12:14	<b>Doers</b> <sup>27</sup> Bind: deceit Loose: action James 1:22-23	<b>Wisdom</b> <sup>28</sup> Bind: folly Loose: maturity Ecclesiastes 7:25	<b>Alive In Him</b> <sup>29</sup> Bind: neglect Loose: sound doctrine I Timothy 4:16
<b>Renewed Heart</b>	<b>Loving Heart</b> <sup>30</sup> Bind: resentment Loose: love for others Leviticus 19:18	<b>Willing Heart</b> <sup>31</sup> Bind: greed Loose: willingness Exodus 35:5	<b>Stirred Heart</b> <sup>1</sup> Bind: complacency Loose: hunger for God II Timothy 1:6	<b>Wise Heart</b> <sup>2</sup> Bind: indiscretion Loose: prudence Proverbs 16:21	<b>Circumcised Heart</b> <sup>3</sup> Bind: filthiness Loose: cleansing Deuteronomy 30:6	<b>Upright Heart</b> <sup>4</sup> Bind: wickedness Loose: integrity Job 33:3	<b>Daily Renewal</b> <sup>5</sup> Bind: faintness Loose: rejuvenation II Corinthians 4:16

Missionaries: Stephen Bennett / Gulf States; John Nowacki / France; William Tuner / Russia/Ukraine

**Matthew 18:18-19** Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven. Again I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.